



Happy Heroes 歡樂英雄傳

Graduates who embark on extraordinary journeys —

William Yau 邱威雄 (BDS 2002; MDS student)

William went for an expedition with students from the Mainland in the northwestern part of China in 1997 in celebration of the handover. He was one of the first participants in the Adventure Education Programme offered by the University.



"For me, going to the lands of extremities is a dream coming true. Though I encountered numerous hardships and difficulties during my journeys, I hanged in there and completed them step by step. This perseverance has helped me in my ordinary life. I am willing

to take up whatever challenge which comes in my way with full confidence and at the same time expect the unexpected. The importance of team building and co-operation is also learned. Dare to dream and someday, you'll get there."

Heidi Hung 洪凱兒 (BSocSc (Gov't & Laws) 2002; LLB 2003)

Currently studying in Cambridge on Scholarship, Heidi spent a month in a small village of Tanzania in 2002 to help building local schools.

"I was thrilled by the theories about 'Global Justice' which refers to the responsibilities of a global citizen not only to his/her own country but also to the world as a whole. I grasped the opportunity to know and experience the lives of the disadvantaged in order to understand the concept better. I performed hard labour extensively everyday for things as simple as a glass of water, which I had been taking for granted for so long. I realized that I have so much more than I really need in life. I also came to cherish all that I have. This experience affirms my aspiration to work for the NGOs after graduation so that I can continue to do my best to help the disadvantaged around the globe. Though my effort might have seemed to be insignificant, I believe that I am able to make a difference to the world."



Albert Ko 高永賢 (MPhil 2004; PhD student)

Albert volunteered to work for Medecins Sans Frontieres in Sudan and Uzbekistan. He also helped in emergency services at Afghanistan after the 911 Incident.

"I believe that one should not work for money. I was fortunate to have the opportunity to complete my university studies at the expense of other social resources. It's time for me to give back by helping those in need with my expertise and professional knowledge. Life is long and it is definitely worthwhile to spend 1 or 2 years on voluntary services. I learned a lot from those experiences and my advice to fellow HKU mates is: Think twice before you do it and once you've made up your mind, go all the way without looking back."



Hui Pan, Ben 許彬 (BEng (EEE) 2002, MPhil student)

Ben participated in a fundraising bicycle ride through Qinghai-Tibet plateau for Medicin Sans Frontieres in Summer 2002.

"Travelling has been my favourite for many years. I choose cycling as the mean to explore a horizon which is challenging and interesting in order to get away from the monotony of life. I have heard of different stories about how difficult the journey would be and yet, you would never understand it unless you experience it yourself. The Tibetans whom we encountered were all very religious. They possessed a spiritual tranquility which was often remote to those who come from the so-called "developed countries". Though they live in a harsh environment, they are contented and have peaceful mind. These are exactly what I am lacking in my life in Hong Kong."



"Happy Heroic Stories- Adventurous Experiences of HKU Students" is part of the General Education Lunch Time Forum series.

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